



# RAVINES MEDICAL GROUP

Caring for the Health & Wellness of Our Communities.

## **NOW OFFERING!**

### **Intrauterine Device (IUD) for Birth Control**

**Our clinic is now accepting patients who would like to use this form of birth control.**

You must schedule an appointment for an initial consult or we can receive a referral from your family doctor for this consult.

The IUD at a glance:

- Small, “T-shaped” device inserted into the uterus to prevent pregnancy
- Safe, effective, and long lasting
- Must be inserted by a health care provider
- Lasts up to 12 years